

## MY MASS BOOK



Name \_\_\_\_\_

## INTRODUCTORY RITES

We gather together for Mass as the Family of God:

- We prepare to listen to God's Word.
- The priest, deacon and other ministers begin the procession to the altar. We stand and sing a song.
- When the procession reaches the altar, the priest stops and kisses the altar as a sign of reverence. He greets us in the name of the Father, and of the Son, and of the Holy Spirit.
- We confess our sins together and ask God to have mercy on us.
- We sing and praise God the Father, the Son, and the Holy Spirit.
- The priest invites us to pray. We are silent for a moment. We remember we are in God's presence. We think about what we want to pray for.

*Draw a picture of yourself and others gathering for Mass:*

Much of this information is taken from Harcourt Religion Publishers

## LITURGY OF THE WORD

*Draw a picture of how you can love and serve someone this week:*

We listen to the Word of God:

- The first reading is from the Old Testament. It is the part of the Bible that has stories about life on earth before Jesus was born.
- We sing or read a Psalm together. Psalms are from the Old Testament and are songs of praise and thanks to God or prayers for forgiveness and help from God.
- The second reading is from the New Testament. We hear stories of the early followers of Jesus.
- We stand and welcome the Lord, who speaks to us in the Gospel readings from Matthew, Mark, Luke or John.
- We sit and listen as the priest or deacon explains the Word of God to us in the homily. He tells us how we can live as Jesus' disciples.

## CONCLUDING RITE

*Draw a picture of the Bible - The Word of God*

### Blessing and Dismissal:

- We stand and the priest blesses everyone in the name of the Father, the Son, and the Holy Spirit.
- The priest sends us out to live as Jesus' disciples. He says go in peace to "Love and serve the Lord".
- The priest kisses the altar as a sign of reverence and he and the other ministers leave in procession.

## Profession of Faith

- We stand and profess our beliefs in God the Father, God the Son, and God the Holy Spirit.

*Stand and pray the Nicene Creed:*

**We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is seen and unseen. We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten not made, one in being with the Father. Through him all things were made. For us men and for our salvation he came down from heaven: by the power of the Holy Spirit he was born of the Virgin Mary, and became man. For our sake he was crucified under Pontius Pilate; he suffered, died, and was buried. He descended to the dead. On the third day, he rose again in fulfillment of the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end. We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshipped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sin. We look for the resurrection of the dead and the life of the world to come. Amen.**

*Draw a picture of yourself and your family receiving Holy Communion:*

## Communion:

- We walk in procession to the altar to receive Holy Communion, the Body and Blood of Christ.
- We bow before receiving the Body and Blood of Christ as a sign of reverence.
- The Priest, Deacon, or Eucharistic Minister holds up Jesus and says "The Body of Christ" or "The Blood of Christ" We answer "Amen" which means "So be it" or "Yes"
- We return to our seats and we thank and praise God for this wonderful gift of Jesus in Communion.

## General Intercessions:

- We pray to God for the needs of the Church and people everywhere

*Make a list of what you want to pray to God for:*

1. For yourself:

2. For your family:

3. For your friends:

4. For the world:

## LITURGY OF THE EUCHARIST

*Draw a picture of the priest holding up the Body and Blood of Christ:*

Preparation of the Altar and the Gifts:

"THIS IS JESUS"

- The altar is prepared for the Eucharist.
- The gifts of bread and wine, which will become the body and blood of Christ and our gifts to help those in need are brought to the altar.
- The priest prays that the gifts will be acceptable to God

Communion:

- The priest holds up the Body and Blood of Jesus and says:  
"This is the Lamb of God who takes away the sins of the world. Happy are those who are called to his supper."
- We ask God to heal us and make us worthy to receive Him:  
**"Lord I am not worthy to receive you, but only say the word and I shall be healed."**
- The priest receives Holy Communion.

*Draw a picture of your family bringing up the gifts to the altar:*

## Eucharistic Prayer:

- We stand and pray together with the priest. We thank and praise God.

## Consecration:

- The priest using the words and actions of Jesus at the Last Supper asks the Holy Spirit to change the gifts of bread and wine into the body and blood of Jesus Christ.
- Jesus is truly present under the appearances of bread and wine.

On the night before he died, Jesus shared a special meal with his Apostles. He took bread and said the blessing. He broke the bread, gave it to his disciples, and said: ***"Take this, all of you, and eat it; this is my body which will be given up for you."*** Then Jesus took a cup of wine. Again he thanked God, his Father. He gave the cup to his disciples, and said: ***"Take this all of you, and drink from it. This is my blood, which will be shed for you and for all so that sins may be forgiven. Do this in memory of me."***

*Matthew 26:26-28 and Luke 22:14-20*

*Draw a picture of your family offering "Peace" in Mass*

## COMMUNION RITE

We prepare our minds and hearts to receive the Lord's Body and Blood:

- We pray the Lord's Prayer together
- We offer each other the "Peace of Christ"

### Breaking of the Bread

- Just as Jesus broke the bread at the Last Supper and gave it to his Apostles, the priest breaks the consecrated bread so it can be shared with others.
- We pray and ask: "Lamb of God, you take away the sins of the world: have mercy on us. Lamb of God, you take away the sins of the world: have mercy on us. Lamb of God, you take away the sins of the world: grant us peace."

*Draw a picture of Jesus at the Last Supper with his Apostles:*

**"THIS IS MY BODY, THIS IS MY BLOOD"**

Memorial Acclamation:

- We proclaim our faith in Jesus.
- We pray: "Christ has died, Christ is risen, Christ will come again."
- The priest prays for the whole Church, those who are living and who are dead.
- The priest ends the prayer by saying: "Through him, with him, in him, in the unity of the Holy Spirit, all glory and honor is yours, almighty Father, for ever and ever."
- We praise God with a firm "AMEN"

*Draw a picture of Jesus:*