

Saint Rose of Lima
Office of Whole Parish Catechesis
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Curriculum Guide

This curriculum is based on the philosophy of Whole Parish Catechesis. Whole Parish Catechesis is a vision of faith formation that is rooted in the documents of Vatican II, the *General Directory for Catechesis*, *The Catechism of the Catholic Church*, and "*Our Hearts were Burning.*" It promotes faith formation as an ongoing life-long process that is enhanced by intergenerational learning and interaction. As a result we have developed this curriculum to suit learners of all ages from 5 to 95.

Through developing opportunities for prayer, journaling, faith sharing, building households of faith, reflecting on God's Word, and promoting active service and outreach, all members of the community of faith are supported in their own faith formation and are invited to reclaim their role in the formation of all other members of the community. All members of the parish who participate will enjoy the satisfaction of helping others to deepen their faith, and at the same time, enhance their own relationship with God.

Whole Parish Catechesis recognizes and celebrates everyone at all ages as having an equal role and responsibility within the Christian community. Children are as important in the catechetical process as ever. Parents are strengthened in the role as the principal and primary educators of their children. At the same time, we have expanded our efforts to support quality catechesis for all generations as well.

This curriculum guide represents the scope and sequence of the material to be presented at the intergenerational assemblies and material which is to be covered at home. The core content is repeated at every age level and is covered in an age appropriate manner. The repeated attention paid to each topic, each year, will help all learners to grasp the material as their maturity allows. The doctrine and prayers listed at each age level are expected to be learned.

The instructional texts for both young and adult learners are aligned so that every age level is attending to the same content material at the same time. These topics are explored in different depths as maturity and understanding allows. The texts conform to the *Catechism of the Catholic Church*, with the subject matter referenced to the Catechism.

The core content of the curriculum for every age level is divided into seven areas of study. The areas of study are: *Revelation, Trinity, Jesus Christ, The Church, Morality, Sacraments, and The Kingdom of God*. While addressing each area of the curriculum, the assembly presentations will integrate prayer, scripture, literature, faith sharing, music and ritual.

KINDERGARTEN

- God's Creation
- Jesus is God's Gift
- The Church Family
- Love God and Others
- The Sacraments
- God's Kingdom

Prayers and Doctrine

- The Sign of the Cross
- Genuflecting
- Glory Be
- Grace Before Meals

Service and Outreach

- 1 hour, choosing from the Service Calendar activities and 1 or more Family Nights

GRADE ONE – Part One of a Two Year Communion Preparation

- God's World
- God Loves You
- God's Son
- The Church
- Following Jesus
- Signs of Love
- Forever with God

Prayers and Doctrine

- The Lord's Prayer
- The Hail Mary
- Sacrament-Baptism

Service and Outreach

- 3 hours, choosing from the Service Calendar and 1 or more Family Nights

GRADE TWO - Part Two of a Two Year Communion Preparation

RECONCILIATION

- We Are Called
- We Are Welcomed
- We Reflect
- We Are Sorry
- We Are Forgiven
- We Go Forth
- We Belong
- We Gathering
- We Are Forgiven
- We Listen
- We Prepare
- We Remember-Give Thanks
- We Share a Meal
- We Go Forth

EUCCHARIST

Prayers and Doctrine

- Act of Contrition
- Signing of the Senses
- Sacrament-Baptism, Penance, Eucharist
- Receiving the Sacrament of Penance
- Receiving the Sacrament of Eucharist
- Prayer to The Guardian Angel

Service and Outreach

- 4 hours, choosing from the Service Calendar activities and 1 or more Family Nights

GRADE THREE

- The Body of Christ
- The Church Community
- The Mass
- Sacraments
- The Trinity
- The Good News
- Saints and Church Leaders
- Prayer and the Rosary
- Advent, Christmas, Lent, the Triduum, Easter, Ordinary Time

Prayers and Doctrine

- 3 kinds of sin: Original, Venial, Mortal
- Sacrament-Baptism, Penance, Eucharist, Anointing of the Sick
- 10 Commandments
- Holy Trinity

Service and Outreach

- 5 hours including 1 or more Family Nights

GRADE FOUR

- The Body of Christ
- The Church Community
- The Mass
- Sacraments
- The Trinity
- The Good News
- Saints and Church Leaders
- Prayer and the Rosary
- Advent, Christmas, Lent, the Triduum, Easter, Ordinary Time

Prayers and Doctrine

- Apostles Creed
- Prayer and the Rosary

- Sacrament-Baptism, Penance, Eucharist, Anointing of the Sick, Holy Orders
- 2 Great Commandments
- Assumption

Service and Outreach

- 6 hours including Family Nights

GRADE FIVE

- The Body of Christ
- The Church Community
- The Mass
- Sacraments
- The Trinity
- The Good News
- Saints and Church Leaders
- Prayer and the Rosary
- Advent, Christmas, Lent, the Triduum, Easter, Ordinary Time

Prayers and Doctrine

- The Assumption
- Immaculate Conception
- Resurrection
- Prayer and the Rosary
- Hail Holy Queen
- Sacrament-Baptism, Penance, Eucharist, Anointing of the Sick, Holy Orders, Matrimony
- Parts of the Mass

Service and Outreach

- 7 hours, including 1 or more Family Nights

GRADE SIX

- The Body of Christ
- The Church Community

- The Mass
- Sacraments
- The Trinity
- The Good News
- Saints and Church Leaders
- Prayer and the Rosary
- Advent, Christmas, Lent, the Triduum, Easter, Ordinary Time

Prayers and Doctrine

- Hail Holy Queen
- Marks of the Church
- The Beatitudes
- The 7 Sacraments
- Precepts of the Church

Service and Outreach

- 8 hours, including 1 or more Family Nights

GRADE SEVEN - Part One of a Two Year Confirmation Preparation

- The Creed
- Liturgy
- Sacraments
- Morality
- Prayer
- Saints

Prayers and Doctrine

- Holy Days of Obligation
- Gifts of the Holy Spirit
- The Paschal Mystery
- Virtues
- Pentecost
- Come Holy Spirit

Service and Outreach

- 15 hours, including 1 or more Family Nights

GRADE 8 – Part Two of a Two Year Confirmation Preparation

At this stage of the Candidate's preparation for the sacrament of Confirmation the focus will be on putting their faith knowledge to work and learning how to weave it into the fabric of their daily lives as adults in the Catholic Church.

- The Creed
- Liturgy
- Sacraments
- Morality
- Prayer
- Saints

Service and Outreach

- 20 hours, including 1 or more Family Nights

ADULT CATECHESIS

Adult Catechesis is two fold. The first part follows the general curriculum for our young learners. The second part is directed solely to our adult learners. Our Adult Faith Sessions, which will be held about once a month, will help enrich our faith life by making faith connections to our everyday lives. The components of Adult Catechesis will consist of some or all of the following:

- Discussion
- Small-group exercises
- Reflection
- Bible search and study
- Prayer and Practice
- Meditation

The content material for Adult Catechesis comes from the following categories:

- Jesus and Discipleship
- Spirituality
- Scripture
- Catholic Life and Practices
- Sacraments and Liturgy
- Morality
- Peace and Social Justice